

September:
WEEK TWO



Personal Values

THE AGENDA:

Discuss: What are values? What are some of your values? Why are values important to have?

- ◇ “Defining Values” Worksheet
 - ◇ Values Ranking Worksheet
 - ◇ Play the Values Game
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- ◇ Build Card Houses, Jenga Towers, or Log Cabins out of popsicle sticks!



- ◇ Read aloud from a joke book!

DEFINING VALUES

Define the word *value*

Name some values?

When you value something you:

Who and what have an influence on your values?

A) _____ B) _____
C) _____ D) _____
E) _____ F) _____

Give some examples of material/tangible values (can be seen or touched)

Give some examples of nonmaterial/nontangible values (cannot be seen or touched)

7. The world would be different if people did not have values. If people did not have values, what differences or changes do you think would be visible in our day-to-day lives?

VALUES RANKING WORKSHEET

What do you value most in life? There are 21 values listed below. Read the attached list of descriptions for the values listed, then place a check mark in the column across from each value that best represents you. Circle your Top 5 Values. (Definitions on next page)

Values	Extremely Important	Important	Not Important
WISDOM	_____	_____	_____
WEALTH	_____	_____	_____
TRUSTWORTHINESS	_____	_____	_____
SKILL	_____	_____	_____
RELIGIOUS FAITH	_____	_____	_____
RECOGNITION	_____	_____	_____
POWER	_____	_____	_____
PLEASURE	_____	_____	_____
PHYSICAL APPEARANCE	_____	_____	_____
MORALITY	_____	_____	_____
LOYALTY	_____	_____	_____
LOVE	_____	_____	_____
KNOWLEDGE	_____	_____	_____
JUSTICE	_____	_____	_____
HONESTY	_____	_____	_____
HEALTH	_____	_____	_____
CREATIVITY	_____	_____	_____
JOB	_____	_____	_____
FAMILY	_____	_____	_____
EDUCATION	_____	_____	_____
ACHIEVEMENT	_____	_____	_____

DEFINITIONS OF COMMON VALUES:

WISDOM	Having mature understanding, insight, good sense, and good judgement.
WEALTH	Having many possessions and plenty of money for the things one wants.
TRUSTWORTHINESS	Being honest, straightforward, and caring.
SKILL	Being able to use knowledge effectively; being good at doing something important for you and others.
RELIGIOUS FAITH	Having a religious belief.
RECOGNITION	Being important, well-liked, and accepted.
POWER	Possessing control, authority or influence over others.
PLEASURE	Having satisfaction, gratification, fun, joy.
PHYSICAL APPEARANCE	Concern for being attractive; being neat, clean, and well groomed.
MORALITY	Believing in and keeping ethical standards, personal honour, and integrity.
LOYALTY	Maintaining allegiance to a person, group, or institution.
LOVE	Being warm, caring, and having unselfish devotion.
KNOWLEDGE	Seeking truth, information, or principles for satisfaction or curiosity.
JUSTICE	Treating others fairly or impartially; conforming to truth, fact, or reason.
HONESTY	Being frank and genuine with everyone.
HEALTH	Being sound of body.
CREATIVITY	Creating new ideas and designs; being innovative.
JOB	One's lifetime work.
FAMILY	Having loyalty to one's family.
EDUCATION	Working hard in school and seeking out opportunities to better educate oneself.
ACHIEVEMENT	Accomplishments; results brought about by resolve, persistence, or endeavor.

Directions: Your values help you decide what to do and how to act. Read each situation below. On the line provided, give two values that could be affecting each person's actions.

Pete told his friend Brett about a problem he was having. Dan wanted to know what Pete had told Brett, but Brett decided to keep Pete's problem private.

1) _____ 2) _____

Marinda joined her classmates in picking up litter in the park across the street from the school.

1) _____ 2) _____

Whenever they go to a fast food restaurant, Jackie's friends have hamburgers, fries, and soft drinks. Jackie usually chooses yogurt and a tossed salad.

1) _____ 2) _____

Christine had waited for weeks to be invited to Renae's house. When Renae finally invited Christine to her sleepover, Christine had to say no. The sleepover was the same night as an important religious celebration in her family.

1) _____ 2) _____

A student in Ms. Mellstrom's second-period class offered to share answers to the math test with Craig, who is in Ms. Mellstrom's fifth period class. Craig said he wasn't interested.

1) _____ 2) _____

James and Willis gave each other high fives when they made the honour roll.

1) _____ 2) _____

Some of Maggie's friends spent \$70 for a specific brand name of jeans. Maggie bought a pair of jeans for \$20 at a discount store and felt just fine wearing them.

1) _____ 2) _____

Darin and his buddies joined a softball team sponsored by the park board. They practice three nights a week and have games on Saturday afternoons.

1) _____ 2) _____

No one saw Colleen pick up the \$20 bill she found on the locker room floor. On her way to her next class, she stopped by the office to turn it in.

1) _____ 2) _____

Alex decided to go home soon after he arrived at his friend's party because they were making plans to prank several of the neighbors and then vandalize a local park.

1) _____ 2) _____

* "Character is who you are when no one is looking." *

H. Jackson Brown, Jr.

VALUES TOPICS



START AGAIN?

START HERE

WHAT ABOUT...

fun	animals	what makes you laugh	something you worry about	FREE QUESTION	a dream you had	your hopes for the future	a job you would like	something you would like to possess	FREE QUESTION	your feelings about smoking	your ideas about the ideal wife or husband	your happiest moment in the last year	your ideal flat/house	FREE QUESTION	something you do not like doing	something you think is stupid	your most important possession	your feelings about this game	FREE QUESTION	an adventure	FREE QUESTION	something you are proud of	your favourite subject at school	your last holiday	your family	something dangerous	FREE QUESTION	your plans for next week	a TV programme you like	something you lost recently	a game you like playing	how you get to school/work	your room	what you did last Sunday	FREE QUESTION	your favourite kind of music	something you are good at	your taste in clothes	a good book you have read	FREE QUESTION	something you like doing	your pet	a good friend	START HERE
do in the evenings	do in the present	a nice present you were given	the season you like best	a country you are interested in	happiness	lightening experience	FREE QUESTION	START AGAIN?	FREE QUESTION	your feelings about this game	your most important possession	something you think is stupid	something you do not like doing	FREE QUESTION	something you think is stupid	something you do not like doing	your most important possession	your feelings about this game	FREE QUESTION	an adventure	FREE QUESTION	something you are proud of	your favourite subject at school	your last holiday	your family	something dangerous	FREE QUESTION	your plans for next week	a TV programme you like	something you lost recently	a game you like playing	how you get to school/work	your room	what you did last Sunday	FREE QUESTION	your favourite kind of music	something you are good at	your taste in clothes	a good book you have read	FREE QUESTION	something you like doing	your pet	a good friend	START HERE