

January: WEEK THREE



EMBRACING OUR DIFFERENCES

THE AGENDA:

Discussion: What makes you unique and different from other people you know? Do you like these differences? Do you ever get teased for being different or see others get teased? What are some ways people are different? (Ethnicity, Weight, Appearance, Sexual Preference, Athletic Ability, etc.) Why do people tease others about being different? What can you do when you see someone getting teased for being different?

- ◇ 'Embracing our Differences' Worksheet
- ◇ Optional: 'Valentines for Vets' Activity
- ◇ Learn to make paper cranes and other origami shapes. Research the story of Sadako and the paper cranes if you are interested.

Operation Peace Crane: www.e22.com/peacecrane/

The Sadako Story: www.sadako.org/sadakostory.htm



- ◇ Make bubbles and blow them outside.
- ◇ Choose a place on the map or globe and learn about it.

Embracing Our Differences

What are some ways in which you are different from your friends and classmates?

What are some ways in which your friends and classmates are different from you?

How do you feel about people from different ethnic backgrounds? Are any of your friends of a different race than you?

Choose one place in the world outside of North America you would love to travel to. How do you think the people and culture would be different from what you are used to?

Imagine if your family moved to that place, and you started attending school there. How would you be different from the other kids? How do you think they would treat you? How would you communicate with them?

What would be the hardest part about living in another country?

Does this change your perspective about the people from other countries who have moved to Canada? Do they get treated differently than people who were born in Canada? What are some ways you could make them feel more welcome?

VALENTINES FOR VETS
(More information: www.vac-acc.gc.ca)

Isn't Valentines Day a wonderful way to make a fuss

And let Veterans know we will never forget what they have done for us...

Show Veterans your gratitude for their sacrifices and achievements in serving our country. Create a hand-made valentine and help bring joy to a Canadian Veteran this Valentine's Day. Each year, Veterans Affairs Canada (VAC) invites Canadian schools, individuals and organizations to make *Valentines for Vets*. VAC, then, distributes the valentines to Veterans in long-term care facilities across the country in time for February 14.

Sending your Valentines

Roses are Red, Violets are Blue...

*Valentines Day is a great time,
for Veterans to hear from you!*

If you would like to send a Valentine containing a personal message of appreciation to a Veteran, please send it by January 16th to:

Valentines for Vets
Veterans Affairs Canada
Communications Division
P.O. Box 7700
Charlottetown, PE C1A 8M9
All Other Enquiries:
information@vac-acc.gc.ca

Check out www.vac-acc.gc.ca for tips and message ideas!